



THIS WEEK:

Gabrielle Upton

"Taking a full-gamut approach to fighting mental illness"

23 Mar 2010

Gabrielle Upton is Legal Counsel at the Australian Institute of Company Directors.

Prior to that she worked in New York as an Assistant Vice President at Deutsche Bank and Toronto Dominion Bank, and in Sydney as a banking lawyer at Freehills and Phillips Fox.

She is a member of the Corporations and Markets Advisory Committee (CAMAC), the Australian Federal Government's principal advisory committee on corporations and securities law.

Gabrielle is a board member and Pro Chancellor of the University of New South Wales, Australia and served as Deputy Chancellor of the University until January 2010.

She is Deputy Chair of the Duke of Edinburgh Awards and a board member of the Prince of Wales Medical Research Institute, one of the largest centres of research on the brain and nervous system, and Intersect Australia, tasked by NSW Government to develop

and deliver information and communication technology-enabled platforms to drive NSW research and innovation.

She also serves on the General Sir John Monash Foundation New South Wales Awards Committee.

Gabrielle holds a Bachelor of Arts and Bachelor of Laws from the University of New South Wales, Australia and a Master of Business Administration from the Stern School of Business at New York University, New York.

She is a Fellow of the Australian Institute of Company Directors and holds a Company Directors Advanced Diploma from the organisation.



ROTARY MATTERS

ROTARY – People like you and me

ANZAC DAY BBQ TIME!

It is nearly that time of the year again for the annual Anzac Day BBQ.

It is truly the one time of the year our Club has the opportunity to roll up our sleeves and do some work out in the community together. Fellowship is order of the day and gives all members in the Club the chance to catch up on such an important day.

We are trying to again run two sites: Hyde Park and Town Hall, therefore we need as many volunteers as possible.

Please sign up your partner, children, friends and neighbours and let's really fly the flag for The Rotary Club of Sydney and raise some funds to help our Projects meet their targets.

A spreadsheet was emailed to members on Friday with both locations and three shift times. Please fill in your desired location and time and email it back to President John Given at:

jgiven@zions.com.au



Roll up roll up roll up ... and bring your family & friends!

WHY?

Because ... Y-FIN needs your support

What's Y-FIN?

It's a multi-stranded youth leadership-development and micro-finance management project in the Solomon Islands. It's also one of this year's President's Projects and comes under the International Service Committee umbrella. We'll be sharing more updates as the complex initiative unfolds but in the meantime, we've got a **Date for your Diary**.

On **Saturday – 19th June 2010**, per courtesy of the *Dominican Sisters*, a **Monster Fete** will be held in the beautiful grounds of *Santa Sabina College, Strathfield. The Dominican Sisters in *Honiara, have also offered significant and much valued local support for the Y-FIN project, through co-partnering with the Rotary Club of Sydney and the Duke of Edinburgh's Award International Association Asia Pacific Region.

The Fete will offer all the fun of the fair for the whole family but it will also be an opportunity to showcase the Rotary Club of Sydney in general and the Y-FIN project in particular.

Sue Walker and soon-to-be-Rotarian Susy Coslovich, are hoping to fly in a contingent from the Solomon Islands and the involvement of Sydney based Pacific Islanders has already been assured. They will dance, sing and cook up a storm of food for our enjoyment – and funds raised will go towards the fantastic Y-FIN program for the development of SI youth.

Ann Burleigh

Director, International Service Committee

THIS WEDNESDAY!

Please diarise this important and fun evening:

**Rotary Club of Sydney Jewish House Function
at Jewish House Flood Street Bondi NSW 2026**

Date 7.00pm Wednesday 24 March 2010

**A rather special fun evening of Jewish
Food and Humour**

Price to be finalised - About \$ 75 per person

**Numbers limited so book early with:-
Bert Rosenberg, Joe Botta, Terry Carson, Ken
Hacker, Mark Jacobs and Paul Vertes.**

What's for Lunch?

Hot: Oven-roasted corn-fed chicken breast with steamed jasmine rice, seasonal greens & mushroom sauce

Dessert: Caramel slice with fresh cream and vanilla bean ice cream

Vegetarian: Wild mushroom risotto with roasted butternut pumpkin

Salad: Chicken & walnut salad

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John Given - President

Roslyn McLeod - President Elect

Chris McDiven - Vice President

Alex Shaw - Honorary Secretary

Craig Douglas - Honorary Treasurer

Patricia Harrison - Past President

Geoff Wilbow - Fellowship - Events

Ann Burleigh - International Service

James Allen - Service & Awards

Jean Elborn - Youth Services

Hashim Durrani - Membership

Tina Stanton - Club Projects Coordinator

Mark Dyer - Website/Administration

Rotary's 4-Way Test

It asks the following four questions:

"Of the things we think, say or do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL & BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

MEMBER'S CORNER

Successful Minds Happy Hour!

Kim Fenton, who joined our Club last year, is offering a one hour seminar to Sydney Rotarians' businesses and organisations, at half price.

happy hour!

Kim co-owns a corporate training company called Successful Minds. The half price seminar is called Happy Hour and is a fun and informative way to explore how we can all be happier at work and in life.

Happy Hour is facilitated onsite at your organisation and provides a great opportunity to foster a happy business culture. For Sydney Rotarians who contact Kim before the 20th of May, the price of this seminar for your workplace is \$385 including GST.

There is no limit to the number of people who can attend. All seminar participants will leave with printed notes and an action plan for their own future happiness and success. Now that's an hour well spent!

For more information, phone Kim Fenton on 0409 44 08 04 or email

kim@successfulminds.com.au

Please contact **ROTARY MATTERS** if you have a special service or product that may be of interest to fellow members.

CANDID MOMENTS



Guest Speakers for Sydney City Rotaract Club

Geoff Wilbow reports on the Club Members speaking at Rotaract Meetings:

Coming Up:

- 24 March William Johns and Billy Van der Kooi, Fiducian and Good Life -Your physical health and financial wealth
- 14 April James Allen MD at Stanton Chase International Executive search and managing your career.
- 28 April Karen Loblay, Property Management, Philanthropist and Traveller - Property Investment to Antarctica
- 12 May - Rex Doughty -Fiducian
- 26 May vacancy

Time: Meet 6.30pm, Speak 7.00pm to 7.40pm (including questions and discussion) stay for some informal chat with members. Rotaract members are interested in hearing about you, your career and your interests.

Place: Castlereagh Hotel

Topics already covered by our members:

- Wilhelm Rohde - Professional life: part of a broader perspective
- Robert Mitchell The Warren Centre for Advanced Engineering: A unique think tank
- Tina Stanton - Eternity One Pty Ltd-Maybe I need a Mentor
- Tony Benner – BNI – Networking Like a Pro
- Adrian Pilton - So you want to renovate the most significant building of the 20th Century: The Sydney Opera House. We can do that.
- Terry Carson - Building a future for the children of Pakistan. Literally
- Taine Moufarrige - The Servcorp Story and Young-care

Rotary is a volunteer organisation with 33,000 clubs in over 200 countries and geographical areas. It initiates humanitarian projects that address today's challenges affecting the world today, such as hunger, poverty, and illiteracy. Rotary club members represent a cross-section of business and professional leaders around the world. These 1.2 million men and women donate their expertise, time, and funds to support local and international projects that help people in need and promote understanding among cultures. Rotary International is the worldwide association of Rotary clubs united under a motto of Service Above Self.

Rotary's flagship program is its effort to protect children against polio. It aims to eradicate the disease from the world.



Coming Up!

www.sydneyrotary.com
www.clubrunner.ca/sydney

- 23 Mar Gabrielle Upton - Legal Counsel at the Australian Institute of Company Directors.
- 24 Mar **Jewish House Function, Flood St, Bondi**
- 30 Mar Dr Robert Frater, VP Innovation, Resmed.
- 25 April **ANZAC DAY BBQ - Hyde Park & Town Hall - Participation by all members & friends!**
- 29 April **Fiducian Annual Charity Golf Day and Dinner, Killara Golf Club**
- 1 June Max Cryer, author of "Who said that First."

Fiducian Annual Charity Golf Day & Dinner 29 April 2010

Last year the Fiducian Annual Charity Golf Day & Dinner raised over \$35,000 for last year's Rotary project "Youngcare". This year, Fiducian will be supporting two worthy charities, Home Hospice and Lou's Place:

- Home Hospice supports families and helps them to manage the trauma and relationships that surround families caring for terminally ill loved ones.
- Lou's Place, is a unique daytime drop in centre in



Sydney for women and their children who are in crisis needing some medical, legal or counselling assistance as well as, life/job skills and referrals.

We are hopeful that every Rotarian will help in making the day a success as we work together to support these charities and make a difference in the lives of many.

The cost is \$220 per person or \$2090 for a table of 10 (includes round of golf). It also includes a three course gourmet dinner, lunch packs and drinks on and off the course and auction items.

Register your interest on Tuesday!

**Please send your news to the Bulletin Editor,
Tony Benner at Tel. 9279 0261.
rotarymatters@people.net.au**

The Rotary Club of Sydney meets every Tuesday at 12:30pm, Cello Room, 4th Floor, Castlereagh Hotel, 169 Castlereagh Street, Sydney.

Rotary District 9750, Club # 18206, chartered 1st May 1921

**The Rotary Club of Sydney, GPO Box 1523,
Sydney, NSW 2001, Tel. +612 8014 8073**

What's on ClubRunner

The front page of your ClubRunner website has the following downloadable documents for you to peruse:

- WHY JOIN ROTARY?
- Membership Application Form
- Rotary Basics
- ShelterBox
- Rotary Means
- Sydney Rotary Projects 2009/
- Sydney Rotary Survey Results
- Patricia's Year - Presidential Report 2008/2009
- Eulogy - Late Ray Patteson
- RAWCS List of Projects requiring
- Rotary District Newsletter - March 2010
- Rotary Matters 23 March, 2010



As of 28 February, Rotarians have raised about \$114.5 million for Rotary's US\$200 Million Challenge.

These contributions will help Rotary raise \$200 million to match \$355 million in challenge grants received from the Bill & Melinda Gates Foundation. The resulting \$555 million will directly support immunization campaigns in developing countries, where polio continues to infect and paralyze children, robbing them of their futures and compounding the hardships faced by their families.

As long as polio threatens even one child anywhere in the world, children everywhere remain at risk. The stakes are that high.

Happy Birthday to these members:

**Terry Carson
Sanan Thamo**

